

The Son Shine

FEBRUARY
1995

SPECIAL DELIVERY

You just came home from work. You get your mail and sit down to open it and read it. Just for a minute imagine that you come to one particular envelope and when you open it much to your amazement it is a personal letter to you from God! Upon careful examination there is no doubt to the authenticity of the letter.

You know good and well that you would be so excited that you would be hardly able to contain your self. You would run out and tell all of your friends and family.

Recently I heard a friend of mine, Buddy Nelson, preaching as a fill-in for his pastor. He said, "*The bible is a lot more enjoyable to read if you believe that it's true.*"

I thought to myself, "I believe that. As I drove home I started to think about this statement. Do we really believe that the bible is true?"

The truth is that the bible is a love letter to **you/us** from God. God used many people to write it, and many people lost their lives in getting it to you. God sent you this letter not to lord over you, but because he loves you and wants to help you to avoid many disasters in the road ahead of you.

"All these things happened to them as examples -as object lessons to us - to warn us against doing the same things; they were written

down so that we could read about them and learn from them in these last days as the world nears its end."

[1st corinthians 10:11 TLB]

Think of it like the letter from God, we need to treat his word with the same enthusiasm. If we did, it would be difficult to put it down.

"For no prophecy recorded in scripture was

Jesus said, "The kingdom of Heaven is like a treasure a man discovered in a field. In his excitement, he sold everything he owned to get enough money to buy the field - and get the treasure, too!"

[Matthew 13:44 TLB]

ever thought up by the prophet himself. It was the Holy Spirit within these godly men who gave them true messages from God."

[2 Peter 1:21,22 TLB]

It is said that people away at war or in foreign service, read the same letter many times. Such a letter might be passed to many people in that platoon or group, to receive a word from home. Even though the letter is

not personally written to them, it is a window, something to reflect on, that takes them to a place in their mind that is familiar; **GOING HOME.** God's letter, the bible is written to you!

"When you consider the wonderful truth of the prophets' words, then the light will dawn in your souls and Christ, the Morning Star, will shine in your hearts."

[2 Peter 2:19 TLB]

A love letter from God to you! If you received a love letter from some enchanting member of the opposite sex, do you think you would bother to read it? Yet many Christians, let alone Non-Christians have never read it all. How can a Non-Christian, let alone a Christian, form an intelligent opinion about something they have read only part of? The more time you spend with a person the better you know them. Ultimately you will spend the most time with the one that you love, and loves you the most.

P.J.Campise



THE AIR & THE SPIRIT

The air is calm,
to where you cannot feel it.
The air is sometimes
disturbed and has tremendous force,
you can not see the air,
but it has the power
of
life and death.
Man, animals, fish & plants,
depend on this air,
which cannot be seen, and most of
the time can not
be felt.
Though you cannot
see it,
It is real.
So has the
Spirit of God,
these qualities.

**BUDDY NELSON PRISON
MINISTRY**



Scripture

Illumination

“Whatsoever things are true,
whatsoever things are honest,
whatsoever things are just,
whatsoever things are pure,
whatsoever things are lovely,
whatsoever things are of good
report; if there be any virtue, and if
there be any praise, think on these
things.”
[Philippians 4:8 KJV]

“Whatever is true, whatever is
honorable, whatever is just,

whatever is pure, whatever is
pleasing, whatever is commendable,
if there is any excellence and if there
is anything worthy of praise, think
about these things.”

[Philippians 4:8 NRSV]

“Whatever is true, whatever is
worthy of reverence and is
honorable and seemly, whatever is
just, whatever is pure, Whatever is
kind and winsome and gracious, if
there is any virtue and excellence, if
there is anything worthy of praise,
think on and wait and take account
of these things [fix your minds on
them].”

Philippians 4:8 AB

“Whatever is true, whatever is
noble, whatever is right, whatever is
pure, whatever is lovely, whatever
is admirable - if anything is
excellent or praiseworthy - think
about such things.”

[Philippians 4:8 NIV]

“If you believe in goodness and if
you value the approval of God, fix
your minds on whatever is true and
honorable and just and pure and
lovely and admirable.”

[Philippians 4:8 JBP]

“Keep your minds on whatever is
true, pure, right, holy, friendly, and
proper. Don't ever stop thinking
about what is truly worthwhile and
worthy of praise.”

[Philippians 4:8 CEV]

“Fix your thoughts on what is true
and good and right. Think about
things that are pure and lovely,
dwell on the fine, good, things in
others. Think about all you can
praise God for and be glad about.”

[Philippians 4:8 TLB]



**REVERENT
DETERMINATION**

I have made up my mind,
to trust in the Lord.

To live my life
in accordance with
what I believe.

To work hard
to do my part,
to show I am approved.

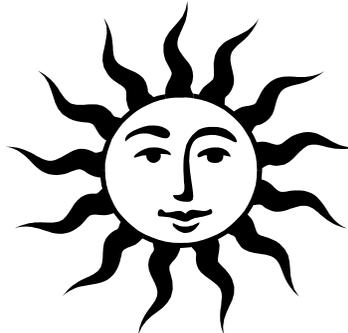
For I have the
Lord's oath on my needs.
He is able and
He will not fail.

P.J. CAMPISE



SUNRISE MINISTRIES

Encouragement and hope
with God's word !



331 Sunrise Ave.
Harrisonburg VA 22801

703-434-8687

800-655-8687

Bible Study

Living Bible

Our faith in God, and does it affect our obedience?

This is not a message to condemn, but to point out some things that can hinder you as far as being an effective disciple.

Matthew 28: 19,20
Make disciples: teach them all things.

2nd. Corinthians 5:20 {Disciples}

- A. 2nd. Corinthians 6.:14
Some things not to do.
- B. Reproduce
- C. When you do it to the least.
Matthew 25:35
- D. Obedience.
 - 1. Jesus had to learn obedience
Hebrews 5:6-14
 - 2. Lets learn and go on.
Hebrews 6:1-3

If God told me do or don't do; do I?

- A. Be faithful in little things!
- B. Forgiveness.

Who are disciples:

- A. Men & Women.
- B. Young people
- C. Old people

Acts 9:36 A Disciple in Joppa named Tabitha.

Acts 21: 9 Pillips 4 virgin (unmarried) daughters who prophesy.

Romans 16:1,2 Phoebe came to Rome and Paul asked everyone to assist her.

Judges 4: 4&5 Deborah, leader of Israel, and Barak her General.

Numbers 27:1-8 Daughters of

THE SUN SHINE
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Sunrise Ministries.....

Paul J. Campise,
Editor.....

Buddy Nelson,
Prison Minister and
Advisor.....

Zelopheda Petition Moses about their Inheritance.

Ways to become a better disciple;

- A. Studying and reading our bibles;
study like you are in school.
- B. Praying: Talking to a friend
John 15:8-15
- C. Don't expect instant rewards;
Luke 17:7-10 It's your duty.

Buddy Nelson Prison Ministry



FOOD FOR POSITIVE THINKING; HIGH IN VITAMIN C-HRIST

The devil manifests where we least expect to find him. He cloaks himself in virtue; his most successful & favorite guises commend him in ways that impress us, tolerance, gaining respectability, pity, freedom, patriotism an evil nature disguised as good. Find God or find the devil where you least expect to find them.

“The prince of darkness is a gentleman.” Shakespeare

You lose your effectiveness in God and he has lost his ability to be effective through you.

“All I have seen teaches me to trust the creator for all I have not seen” Emerson.

Faith is a bridge over the impassable,
A tunnel through the impossible.

“Beneficial situational selective amnesia, usually leads to instant premeditated repentance.” Campise

Faith is trusting and believing what God says is true.

Don't ever compare yourself to other people. You are special to God. He loves you.

Thoughtfulness is constructive, selfishness is destructive.



Scripture shared

“Never tire of loyalty and kindness. Hold these virtues tightly. Write them deep within your heart.”
Proverbs 3: 3 TLB

“Wisdom and knowledge shall be the stability of thy times.”
Isaiah 33:6 KJV

“For I know the plans I have for you”, says the Lord. “They are plans for good and not for evil, to give you a future and a hope”
Jeremiah 29:11 TLB

“But these things, I plan for won't happen right away. Slowly, steadily and surely, the time approaches when the vision will be fulfilled. If it seems slow. do not despair, for these things will surely come to pass. Just be patient! they will not be overdue a single day!”
Habakkuk 2:3 TLB

“Do not despise this small beginning for the eyes of the Lord rejoice to see the work begin.”
Zechariah 4:10 TLB

“A man that hath friends must shew himself friendly: and there is a friend that sticketh closer than a brother.”
Proverbs 18:24 KJV



WE WOULD LOVE TO HEAR FROM YOU !

Please write us at:

Sunrise Ministries

Let us know if there was something in our letter that ministered to you !

Becoming a Better Communicator **In personal relationships**

Eleven principles:

1. Work at it.
2. Learn to compromise.
3. Seek to understand.
4. Affirm the other person's worth, dignity, and value.
5. Be positive and encouraging.
6. Practice confidentiality.
7. Wait for the right time.
8. Share your feelings.
9. Avoid mind reading.
10. Give a response.
11. Be honest.

OUTLINE:

1. Work at it.

Becoming a good communicator does not just happen. All of us have been twisted by the self-centeredness of our lives, so we need to make a lot of effort based on solid commitment to better communication. You don't need to always take care of your business first. You can ask, "What's been happening today?" and then listen eagerly as the other person expresses their views and talks about their needs.

2. Learn to compromise.

A healthy relationship is a give-and-take situation, especially where differing styles of communication are involved. Each person needs the freedom to be himself or herself while still adapting to the other's needs. One style isn't necessarily better than the another. It's just that people are different when it comes to needs in communication and a skillful communicator knows when to adjust.

3. Seek to understand.

One of the keys to communication and to developing intimacy is to realize that the other person is not only trying to understand, but he or she truly cares. When, on the other hand, you sense that the other person doesn't want to listen, or is not trying to understand you, it affects your self-esteem. Previous biases or negative expectations must be set on the shelf to keep them from distorting the conversation you are having. Our commitment must be to really hear other person, regardless of differing convictions or disagreements. "Acceptance," according to Dr. H.

Norman Wright, "does not mean that you agree with the content of what is said. Rather, it means that you understand that what the other person is saying is something that he/she feels." He adds that "sensitive listening is reaching out to the other person; actively caring about what he says and what he wants to say." (Wright, more communication keys, 1990)

A commentary by David Augsburg on, "Love your neighbor as yourself" (Matthew 22:39): *"To love you as I love myself is to seek to hear you as I want to be heard and understand you as I long to be understood."* (Augsburger, *Caring Enough*.)

4. Affirm the other person's worth, dignity, and value.

Each person has a deep need to be heard, to be listened to. The very act of listening communicates a sense of value, esteem, love and dignity. It makes the person feel important.

George and Nikki Koehler explain the need for affirming value and esteem through careful listening:

When you and I listen to another person we are conveying the thoughts that "I'm interested in you as a person, and I think that what you feel is important. I respect your thoughts, even if I don't agree with them. I know that they are valid for you. I feel sure that you have a contribution to make. I'm not trying to change you or evaluate you. I just want to understand you. I think you're worth listening to, and I want you to know that I'm the kind of person that you can talk to."

[George E. and Nikki Koehler, *My Family: How shall I Live with It?* (Chicago: Rand McNally & Co. 1968)]

5. Be positive and encouraging.

Being positive is a real plus in communication. It promotes openness with your friends or mate Whereas criticism tends to hinder healthy communications. Are you a positive communicator with people? It will be far easier for them to reach out to you and share if your orientation is positive.

The Apostle Paul gave excellent guidance about the proper emphasis of our attitude and life-style when he wrote, *"Finally brethren, whatever is true, whatever is honorable, whatever is lovely, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, let your mind dwell on these things"* (Philippians 4:8).

Accentuate the positive.

6. Practice confidentiality.

What a plus factor it is in communication when your friend or mate knows that you are able to keep things to yourself. There's automatically a greater willingness to be open with you. If you gossip - one who habitually talks about other people - you raise an immediate barrier to others sharing intimately with you for fear that you will make their inner-most feelings public. When your friend or spouse feels betrayed, it becomes much harder to be transparent the next time.

7. Wait for the right time.

"Timely advice is as lovely as gold apples in a silver basket," we read in Proverbs 25:11 (TLB). Proverbs 15:23 echoes, *"how wonderful is it to be able to say the right thing at the right time!"* In relationships with roommates, spouses, friends, or with anyone, we must be sensitive not only to the way we speak, but also to the timing involved.

8. Share your feelings.

A vulnerability that allows you to share feelings, inner thoughts, deep hurts, and great joys is essential to a healthy climate of intimacy and closeness.

Partners can argue over thoughts and ideas, but feelings cannot be debated. They can only be acknowledged. So coming to understand each other's emotions is the gateway to psychological intimacy.

9. Avoid mind reading.

Avoid dangerous assumptions. When your friend or spouse does something that hurts your feelings, you have to let him or her know. Don't just assume or hope that he or she will figure it out and come to you first. Every relationship would become more harmonious and more intimate if we would just stop assuming and start communicating our feelings.

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{continued from page 4}

Becoming a Better

Communicator

In personal relationships

Listen to how Leo Buscaglia describes the danger of burying our emotions: "If we hold them in long enough, especially negative emotions, we're bound to explode; they're bound to come out at a time where it's inappropriate. If we store it up, it's usually an innocent person who does some small thing and we blast them with all this stored up anger." [Buscaglia, "Don't Give Your Love"]

It takes time for you and your friend or spouse to become comfortable with reaching down and sharing those sensitive feelings. And one of the greatest challenges of love is to get to know each other's threshold for expressing feelings.

10. Give a response.

When our heart reaches out to others, it yearns for acknowledgment -

Some Suggestions

1. *React physically.* Turn toward the person. Lean forward. Nod your head in response. Keep looking the person in the eyes. Nothing shows greater interest than eye contact.
2. *Request more information.* Ask a question that seeks clarification or additional details: "What did you mean by that?" Or, "Why is that important to you?" In asking questions you are saying, "Tell me more — I'm interested."
3. *Reflect on what has been said with a leading statement:* "You seem quite excited by meeting him." Or, "That must have been rough on you."
4. *Repeat or rephrase statements with feeling.*
5. *Remain silent when someone is telling a story.* Don't interrupt, and don't finish sentences for people. Also don't rush to fill a pause in the conversation simply to avoid the silence - you may cut off something

important the person was preparing to share.

Patience is a blessing.

6. *Refrain from concentrating on your answer or rebuttal while another is still talking* - it makes you impatient to speak. When you are constantly constructing a rebuttal or a way to justify something you've said, you are merely building up a defense mechanism. As a result, you are not truly listening.

7. *Express your encouragement and appreciation for what the other person has been sharing.*

Your ear can open the door to another's heart.

11. Be honest.

"Speak the truth in love" (Ephesians 4:15). To speak the truth in love means to take into consideration the other person's feelings. A truly skillful and loving communicator is sensitive to the consequences of his words and actions.

Solomon gave wise counsel when he said, "Do you see a man who is hasty in his words? There is more hope for a fool than for him" (Proverbs 29:20, (TLB)). "Love," wrote Richard Strauss, "Will help us preface our remarks with some word of commendation or appreciation, and we will present our thoughts pleasantly, constructively, and positively. We will encourage rather than injure our mates." [Strauss, Marriage] "All deep relationships," according to Wright, "especially marriage relationships, must be based on absolute openness and honesty. This may be difficult to achieve because it involves risk - the risk of being rejected because of our honesty, but it is vital for relationships to grow in marriage." [Norman A Wright, The Pillars of Marriage (Ventura, Calif: Regal)] When we feel we need to be honest in something that could hurt another, we not only need to review the style in which we deliver the message, but we also need to examine our

motives.

Honest communication, spoken in love and heard in love, does not "keep score."

Speaking the truth in love also means verbalizing your love for another in words.

Speaking the truth in love requires care not to exaggerate or disguise.

It is usually better to 'say it like it is,' gently if necessary, but clearly."

Being an effective, skillful communicator is a major tool in becoming the "right person," and you can start right where you are.

Material for article came from:

*Available through, Living Books



Josh McDowell

The Secret of Loving

Son Shine Share Ministry

When you are finished with your copy or THE SON SHINE if you do not intend to save it, please give it to a friend, or make one copy and give it to a friend or send it to someone, a relative, a friend in prison, the army, in missions, someone going through a difficult time. If you don't want to use your return address, use ours. We believe this will allow God control over the direction of THE SON SHINE

In this section you will find the words to a song by a featured Christian artist or group. This is a free advertisement offered by The Son Shine. The song is featured because the content is of an encouraging nature.

PEACE BE STILL

Be not dismayed, though it seems like the storms will never end.
 Be not afraid, when it seems like you haven't got a friend.
 The storms are raging, you don't have to turn and hide.
 The Lord is faithful to heal the lonely heart inside.

Peace be still.
 The Father loves you.
 Peace be still.
 The Father loves you.
 And no matter where you are,
 or where you've been,
 I am sure He wants you to know,
 He won't let go.

Be not dismayed, though it seems like the hurt will never end.
 Be still and know the Father will never let you go.
 The pain is raging but you don't have to run and hide.
 The lord is faithful to heal the hurting heart inside.

Peace be still.
 The Father loves you.

Peace Be still.
 The Father loves you.

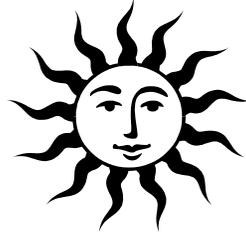
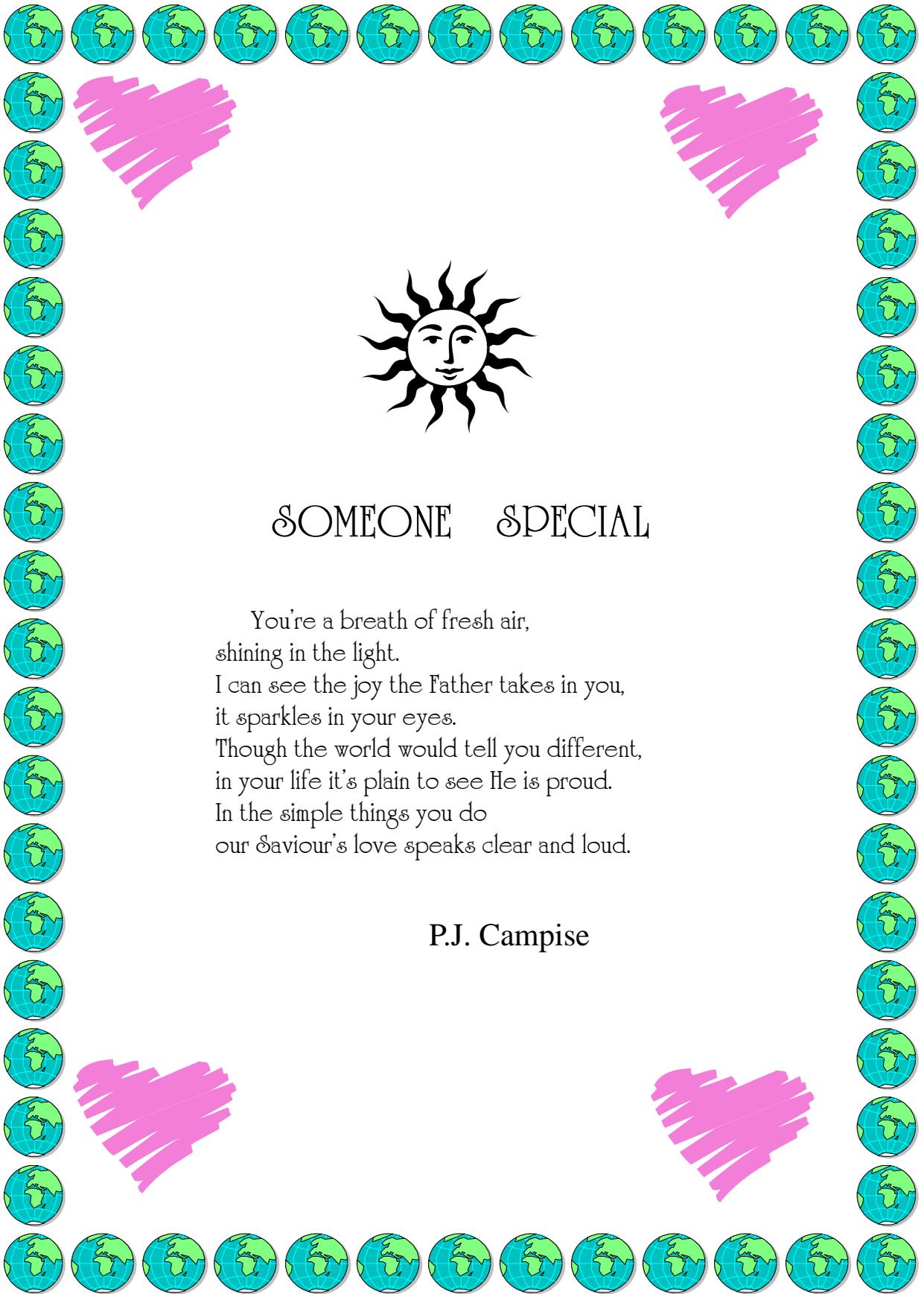
And no matter where you are,
 or where you've been,
 I'm sure He wants you to know,
 He won't let go.

And no matter where you are,
 or where you've been,
 I'm sure He wants you to know,
 He won't let go.

He won't let go.
 Jesus won't let go.
 He won't let go.

Al Denson *

* Available on Benson Records



SOMEONE SPECIAL

You're a breath of fresh air,
 shining in the light.
 I can see the joy the Father takes in you,
 it sparkles in your eyes.
 Though the world would tell you different,
 in your life it's plain to see He is proud.
 In the simple things you do
 our Saviour's love speaks clear and loud.

P.J. Campise

LIGHT IN THE SON SHINE

"I have loved you even as the Father has loved me.
 Live within my love. When you obey me you are living within my love.
 I have told you this so that you will be filled with my joy.
 Yes, your cup of joy will overflow!
 I demand that you love each other as much as I love you.
 And here is how to measure it - the greatest love is shown when
 a person lays down his life for his friends."

Jesus Christ [John 15:9-13]

Where I am, where am I?

How it hurts when I fail,
 feel like a ship on the ocean, no wind to sail.
 'Keep seeing myself driving the nails
 into your innocent hands.

That's where I am.

'Seems like it was just the other day,
 that I did hear a young man pray.
 Committing all he would do to you.
 Trusting You to help him through.

Lord, where am I?

Where is the love,
 Where is the joy,
 Where is the peace,
 without You?

Always fleeing from myself.
 Or do I run from someone else?
 How can I ever share myself,
 without you.?

Rivers of tears run from these eyes.,
 blinded by the pain. What a retched man
 I am. Surley, my life would not survive,
 without you!

Without you, Jesus,
 where is my life?
 Where I am, Where am I,
 without You?

Without your love.
 Without your joy.
 Without your peace.
 Where is my strength?
 Where I am, where am I,
 Jesus without you?

Though I grieve with all my might.
 Your forgiving hands catch me in flight,
 as again I fall.
 That you could love me at all!
 Where, I AM, where am I?

Not at all,
 Jesus, without You! [Exouds 3:14]

P.J. Campise 94

WANTED

Original sketches, art work,
 original writing of an
 encouraging nature. Must
 meet the following criteria:
 Christian nature, non-political.
 It is not our desire to engage
 in doctrinal disputes or
 particular denominational
 beliefs. All submitted writing
 should be non-manipulative in
 nature. Send to **SUNRISE
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“Don’t worry about things - food or
 drink, and clothes, for you already have life and
 a body - and they are far more important than
 what to eat and wear. Look at the birds! They
 don’t worry about what to eat - they don’t need
 to sow or reap or store up food - for your
 heavenly Father feeds them. And you are far
 more valuable to him than they are. Will all
 your worries add a single moment to your life?
 And why worry about clothes? Look at the
 field lilies! They don’t worry about theirs. Yet
 King Solomon in all his glory was not clothed
 as beautifully as they. And if God cares so
 wonderfully for flowers that are here today and
 gone tomorrow, won’t he more surley care for
 you, O men of little faith?

So don’t worry at all about having
 enough food and clothing. Why be like a
 heathen? For they take pride in all these things
 and are deeply concerned about them. But your
 heavenly Father already knows perfectly well
 that you need them, and he will give them to
 you if you give him first place in your life and
 live as he wants you to.

So don’t be anxious about tomorrow.
 God will take care of your tomorrow too, live
 one day at a time.”

Jesus Christ
 Matthew 6:25-34 TLB

SUNRISE MINISTRIES is a ministry born out of a call to encourage others with God's word, to shine with the hope, joy, peace and love that Jesus Christ paid the price for on the cross. It is distributed free of charge and not for profit.

If you have any items or encouragement that you would like us to consider in future news letters, please send them to us.

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